

DUNÁNTŰLI DUS (DOO-nahn-too-lee DOOSH)
(Hungary - Northwest Dunantul)

Solo dance for one man.

Translation: Dus (M dance in march form) from the Dunántúl (Transdanubia) region.

Record: Folkraft LP-37, side A, band 1. 2/4 meter.


Formation: Individual M scattered anywhere.


Starting Pos: R ft free.

Steps: PONTOZOH CIFRA STEP (R): Leap onto R (ct 1), step L next to R (ct ah), start to raise R leg fwd, fairly straight (ct &), leap sdwd R onto R, at same time raise L leg fwd, knee straight (ct 2).

Meas

Pattern

PART I (Music A)
1-16  Leap sdwd R on R ft and bend L knee slightly (ct 1).
Hop on R ft (ct &).
A small step sdwd L on L ft with a stamp (ct 2).
Raise R leg fwd low with knee straight (ct &): and ...
repeat 15 more times 16 times in all).

PART II (Music B)
17-18  Jump on both ft together (ct 1).
Jump on both ft together (ct 2).
Jump on both ft together with a stamp and bend knees, and turn L about 1/8 (ct 3), pause (ct 4).
19-20 Repeat meas 17-18 except turn R about 1/4.
21-28 Repeat meas 17-20 to more times (3 in all).

VARIATIONS FOR MUSIC A

Variation A₁
1-16 Do Pontozoh Cifra Step R and L eight times.

Variation A₂
1-16 Wt on L, jump to R side landing on both ft and clicking heels (ct 1), raise R leg (ct &), do a scissors kick landing on R and raising L leg (ct 2). Do 16 times in all.

Variation A₃
1-16 Cifra Step (R) but on ct 1 also raise bent L leg sdwd and slap outside of L ankle with L'hd. Done 16 times alternating R and L.

Variation A₄
1-16 Same as Var A₃ but clap on each ct & before ct 1. On each Cifra (L) turn once CCW.

DUNÁNTŰLI DUS (continued)VARIATION FOR MUSIC B

- 17-22 ♪ Leap sdwd R on R ft and clap palms together (ct 1).
 ♪ Raise L leg and lean fwd slightly to slap L palm on inside L calf (ct 2).
 ♪ Leap sdwd L on L ft and clap palms together (ct 3).
 ♪ Raise R leg and lean fwd slightly to slap R palm on inside R calf (ct 4): and ... repeat twice (3 times in all).

Presented by Dr. Csaba Pálfi

Suggested sequence for dance

A	B	A	B
A ₁	B ₁	A ₃	B ₁
A	B	A	B
A ₂	B ₁	A ₄	B ₁